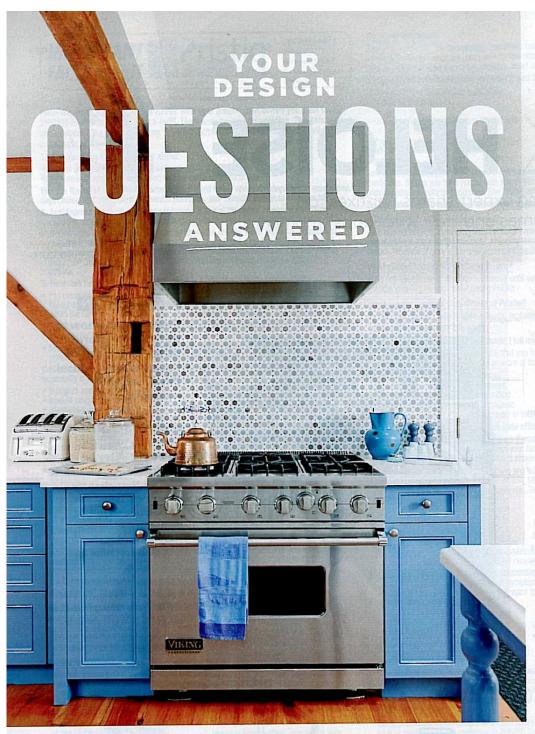


WHICH NATURAL COLD REMEDIES ACTUALLY WORK?

HOUSEKEEPING



MORE IDEAS TO TRY



BUY FUN ACCESSORIES. Choose towels and small appliances in bright shades.



ROLL OUT A RUG.Go vibrant with a Turkish or Persian patterned style.



HANG BRIGHT LIGHTS.
Inject a pop of lively color with pendant fixtures.



SARAH RICHARDSON CONTRIBUTING GH HOME DESIGN DIRECTOR

Q: I'm bored with my kitchen. Help! How can I update it without doing a huge reno?

PAINT THE CABINETS. I'm a fan of this trick. It doesn't cost much, but it completely transforms a room. Consider a bold hue, like the rich blue I used in the farmhouse at left. For best results, wipe your cabinets clean with soapy water or a degreaser (this will ensure a smooth finish). Then, remove the doors and rough them up with 100-grit sandpaper to help the paint stick better. Use a high-quality primer (we like Benjamin Moore's Fresh Start Natura line) followed by latex paint, which is extradurable and wipeable.

TILE A SECTION. A standard patterned mosaic or tile backsplash is only 18 inches tall, so you don't need much to make a statement. Or, try something that feels more customized, like a single panel behind your range.

GET THE LOOK | Cabinet Paint Denim Wash, benjamin moore.com. Backsplash tiles, Sunflower Mosaic, saltillo-tiles .com. Range, vikingrange .com. Salt and pepper shakers, Peugeot, williamssonoma.com. Toaster, T-fal, walmart.com. Copper kettle, etsy.com. Tea towel, Sarah Richardson Design, shopsarahstyle.com.