

5 CHANCES TO  
**WIN A  
\$1,000  
SHOPPING  
SPREE**  
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# GOOD HOUSEKEEPING

**JENNIFER LAWRENCE**  
PLAYS JOY IN THE NEW MOVIE



**JOY MANGANO**

**INVENTOR**  
*of the*  
**MIRACLE  
MOP**

**"I used to struggle  
to feed my kids."  
Now she sells  
\$1 million  
an hour!**

**WHAT  
CAN I MAKE  
FOR DINNER  
TONIGHT?!**

**WHY ARE  
MY LIPS  
DRY ALL  
WINTER?**

**IS  
SUGAR  
REALLY  
THE  
ENEMY?**

**MY  
KITCHEN  
NEEDS A  
(BUDGET!)  
MAKEOVER.  
HELP!**

**WHICH  
NATURAL  
COLD  
REMEDIES  
ACTUALLY  
WORK?**

**ALL YOUR  
QUESTIONS  
ANSWERED!**

**GOOD  
HOUSEKEEPING**



# YOUR DESIGN QUESTIONS ANSWERED



**SARAH RICHARDSON**  
CONTRIBUTING GH HOME  
DESIGN DIRECTOR

**Q:** I'm bored with my kitchen. Help! How can I update it without doing a huge reno?

## **PAINT THE CABINETS.**

I'm a fan of this trick. It doesn't cost much, but it completely transforms a room. Consider a bold hue, like the rich blue I used in the farmhouse at left. For best results, wipe your cabinets clean with soapy water or a degreaser (this will ensure a smooth finish). Then, remove the doors and rough them up with 100-grit sandpaper to help the paint stick better. Use a high-quality primer (we like Benjamin Moore's Fresh Start Natura line) followed by latex paint, which is extra-durable and wipeable.

**TILE A SECTION.** A standard patterned mosaic or tile backsplash is only 18 inches tall, so you don't need much to make a statement. Or, try something that feels more customized, like a single panel behind your range.

**GET THE LOOK | Cabinet Paint** Denim Wash, benjaminmoore.com. **Backsplash tiles,** Sunflower Mosaic, saltlilo-tiles.com. **Range,** vikingrange.com. **Salt and pepper shakers,** Peugeot, williams-sonoma.com. **Toaster,** T-fal, walmart.com. **Copper kettle,** etsy.com. **Tea towel,** Sarah Richardson Design, shopsarahstyle.com.



## **MORE IDEAS TO TRY**



**BUY FUN ACCESSORIES.** Choose towels and small appliances in bright shades.



**ROLL OUT A RUG.** Go vibrant with a Turkish or Persian patterned style.



**HANG BRIGHT LIGHTS.** Inject a pop of lively color with pendant fixtures.